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International Society for  
Traditional, Complementary  
& Integrative Medicine Research



European Congress  
for Integrative Medicine

# 2<sup>ND</sup> WORLD CONGRESS OF INTEGRATIVE MEDICINE AND HEALTH

**Rome - September 20-23, 2023**

ANGELICUM CONGRESS CENTER

18<sup>th</sup> International Congress on Complementary Medicine Research (ISCMR)

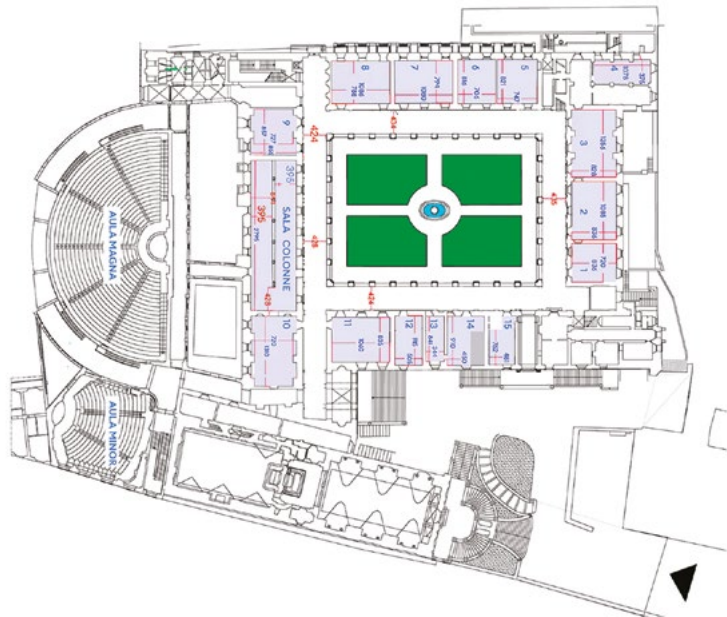
15<sup>th</sup> European Congress for Integrative Medicine (ECIM)

11<sup>th</sup> ARTOI International Conference



## ANGELICUM CONGRESS CENTER

Largo Angelicum, 1 | 00184 Roma



## GREETINGS FROM CONGRESS PRESIDENTS

Dear Colleagues,

As presidents, it is our pleasure to invite you to the 2nd World Congress on Integrative Medicine & Health (WCIMH) in Rome September 20-23, 2023.

This event also marks the 18th International Congress on Traditional, Complementary & Integrative Medicine Research (ICCMR), the 15th Congress for Integrative Medicine [ECIM] and the 11th ARTOI International Conference (ARTOI).

The 2nd World Congress WCIMH arises from multiple needs: first of all, that of selecting and presenting the best research activities conducted worldwide, in the experimental and clinical fields, on traditional, complementary and integrative medicine and health. Research that aims to advance theoretical knowledge and expand and diversify concrete applications to benefit people's health and well-being.

For this reason, ample space is reserved for the various and numerous experiences of integrating complementary medicine into health resources and even more within healthcare systems worldwide. The values of this Congress are the strong international imprint we have left, focusing on the experiences made in every corner of the planet, always supported by the best scientific evidence available, and including treatment systems that have their roots in millenary traditions.

We defined several exciting congress topics including integrative oncology and the range of therapies for the person with cancer, in the awareness that the patients require and deserve a global approach aimed not only at improving their physical symptoms but also attentive to optimizing their emotional and mental well-being.

The clinical practice of traditional, complementary, and integrative medicine is the protagonist of many sessions, together with the deepening of research topics – basic, translational, and clinical – and the training of therapists and healthcare professional.

A global and integrated approach to well-being also means multidisciplinary collaboration between the various professional figures, synergy in the definition of an authentic path towards health: we, therefore, give importance to holistic treatments such as massage, mind-body techniques, touch therapy, healthy nutrition and physical activity, as an essential foundation for promoting a lifestyle that nourishes and sustains health.

Specific sessions are dedicated to the central themes of pediatrics because the child's health is the basis of the well-being of adults and society. Furthermore

an important and a actual focus will be on post-infectious diseases in the world scenario redesigned by COVID-19 and finally we will highlight the topic art and medicine, to work out the importance of art treatment for medicine and to reflect what medicine in art work.

Last but not least: the WCIMH takes up and relaunches the challenge of consolidating an international network of researchers, clinicians, and therapists in the beautiful town of Rome, The objective of this community should be to commit to promoting comparison, dialogue, and exchange of ideas, practices, and experiences – within our field and with conventional medicine – to advance together towards health for all, with respect for nature, the environment, and all living beings that inhabit the planet.

There is a saying: “All roads lead to Rome”. We welcome you with great enthusiasm to the 2nd WCIMH in Rome in September 2023.

#### CONGRESS PRESIDENTS

*Ting Bao*

*Massimo Bonucci*

*Benno Brinkhaus*

*Sian Cotton*

*Holger Cramer*

*Elio Rossi*

*Amie Steel*

*Claudia Witt*

## SPONSORS



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## PATRONAGE



## COMMITTEES

### CONGRESS PRESIDENTS



**Bao Ting**

MD Public Directory S.I.O. (Society of Integrative Oncology) - Director Integrative Breast Oncology Integrative Medicine and Breast Medicine Services Memorial Sloan Kettering Cancer Center, New York



**Bonucci Massimo**

PhD, MD, University Professor, Oncologist, President of ARTOI (Foundation for Research of Integrative Oncology Therapies), Italy



**Brinkhaus Benno**

MD, President of ESIM (European Society of Integrative Medicine) - Professor of Medicine - Director of the Complementary and Integrative Medicine Research Unit - Deputy Director of the Institute Charité - Universitätsmedizin Berlin - Institute for Social Medicine, Epidemiology, and Health Economics Berlin, Germany



**Cotton Sian**

PhD - Director and Professor, Turner Farm Foundation Chair - Osher Center for Integrative Health at the University of Cincinnati, Ohio - Dept of Family and Community Medicine, College of Medicine



**Cramer Holger**

PhD, University Professor, President of ISCMR (International Society for Traditional, Complementary & Integrative Medicine Research) - Professorship for research into complementary medical procedures Institute for general medicine and interprofessional care, Tübingen - Bosch Health Campus, Stuttgart - Chairman of the German Society for Naturopathy (DGNHK) - Specialist society of the AWMF



**Rossi Elio Giovanni**

PhD, MD, University Professor, Head of Homeopathy Clinic AUSL North-West Tuscany, Lucca - Regional reference structure for homeopathy Italy



**Steel Amie**

MD - Senior Research Fellow - School of Public Health - Faculty of Health - University of Technology, Sydney



**Witt Claudia**

PhD, MD Director of the Institute for Complementary and Integrative Medicine specialties - Mind Body Medicine - Integrative Medicine - Integrative Oncology - Departments Institute for Complementary and Integrative Medicine, Zurich

## INTERNATIONAL ORGANIZING COMMITTEE

---

### **Boon Heather**

---

Leslie Dan Faculty of Pharmacy - University of Toronto, Ontario, Canada

### **Falkenberg Torkel**

---

Integrative Health Care Chair – Saco-S Karolinska Institutet - Huddinge, Sweden

### **Fazio Vito Michele**

---

Institute of Translational Pharmacology, National Research Council (CNR), Italy

### **Fiorentini Carla**

---

ARTOI Foundation, Italy

### **Fouladbakhsh Judi**

---

Wayne State University; WSU College of Nursing, California

### **Gallego Perez Daniel F.**

---

Program of Integrative Medicine, UNC-Chapel Hill - PAHO/WHO Regional Office for the Americas

### **Gelman Ricardo**

---

Brazilian Academic Consortium for Integrative Health, CABSIN, Brasil

### **Giralt Isabel**

---

Acupuncture Clinic and Integrative Medicine ENERGIMED, Barcelona

### **Guido Carmelo Pasquale**

---

Fior di Prugna Centre - Center of Complementary Medicine Local Health Authority - Tuscany, Italy

### **Haramati Aviad**

---

Division of Integrative Physiology - Dept. of Biochemistry, Molecular and Cellular Biology - Washington, USA

### **Hughes Gail**

---

Epidemiology - Public health - NCDs - IV/AIDS - Integrative Health - University of the Western Cape

### **Lee Myeong Soo**

---

Korea Institute of Oriental Medicine, Daejeon, Korea

### **Leung Brenda**

---

Complementary and Alternative Healthcare, Faculty of Health Sciences, University of Lethbridge, Canada

### **Liu Jianping**

---

Centre for Evidence-Based Chinese Medicine - Beijing University of Chinese Medicine, China

### **Locke Amy**

---

Academic Consortium for Integrative Medicine and Health - Osher Center for Integrative Health, Salt Lake City, Utah

### **Martinez Natalia Sofia Aldana**

---

VHL TCIM Americas (Virtual Health Library on Traditional, Complementary, and Integrative Medicine of the Americas)

### **Mazzuca Federica**

---

U.O.C. Oncology, Sant'Andrea Hospital, Rome

### **Moreira Ana**

---

Portuguese Society of Integrative Medicine (SPMI)

### **Rotter Gabriele**

---

Outpatient Clinic for Integrative Medicine Charité - Berlin, Germany

### **Schiff Elad**

---

Internal Medicine B, and Integrative Medicine Service - Bnai-Zion Medical Center, Israel

### **Thompson Elizabeth**

---

National Centre for Integrative Medicine, UK

### **Wardle John**

---

Maurice Blackmore Chair of Naturopathic Medicine - Southern Cross University - Lismore Campus, Australia

### **Willich Stephan**

---

Institute of Social Medicine, Epidemiology and Health Economics - Charité - Universitätsmedizin Berlin, Germany

### **Wolf Ursula**

---

Institute of Complementary and Integrative Medicine - Bern, Switzerland

## **LOCAL ORGANIZING COMMITTEE**

---

### **Hunter Jennifer**

---

ISMCR Communications Committee, ISMCR, Germany

### **Benvenuti Alessandro**

---

Integrative Medicine, Freelance - Rome, Italy

### **Bonucci Felice**

---

ARTOI Foundation - Rome, Italy

### **Cracolici Franco**

---

FISA, WFAS, FISTQ, Acupuncture School of Florence, Italy

### **Di Stefano Mariella**

---

Complementary and integrative medicine - Lucca, Italy

### **Fabiani Pamela**

---

ARTOI Foundation - Rome, Italy

### **Tomassi Franco**

---

ARTOI Foundation - Rome, Italy

## PROGRAM COMMITTEES

---

### **Andreazzoli Francesca**

---

U.O. Hematology Hospital of Versilia, Italy

### **Anelli Lorenzo**

---

MU.O. Oncology Rome, Italy

### **Anheyer Dennis**

---

University of Witten/Herdecke, Germany

### **Baccetti Sonia**

---

Integrative Medicine, Italy

### **Bradley Ryan**

---

National University of Natural Medicine - Portland, OR USA

### **Braeutigam Carina**

---

Integrative Care - Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio

### **Bugarcic Andrea**

---

National Centre for Naturopathic Medicine - Southern Cross University, Lismore, Australia

### **Carlson Linda**

---

Alberta Complementary Therapy and Integrative Oncology (ACTION) Centre, Canada

### **Chung Vincent**

---

School of Chinese Medicine, Faculty of Medicine, The Chinese University of Hong Kong

### **Cohen Lorenzo G.**

---

Integrative Medicine Program - Dept. of Palliative Care, Rehabilitation, & Integrative Medicine - MD Anderson Cancer Center, Houston - Texas

### **Cooley Kieran**

---

National Centre for Naturopathic Medicine at Southern Cross University, Canada

### **Cracolici Franco**

---

FISA, WFAS, FISTQ, Acupuncture School of Florence, Italy

### **Dusek Jeff**

---

University Hospitals Connor Whole Health Cleveland Medical Center - Ohio, USA

### **Edwards Emmeline**

---

Division of Extramural Research - National Center for Complementary and Integrative Health (NCCIH) - Bethesda, Maryland, USA

### **Esch Tobias**

---

Institute for Integrative Health Care and Health Promotion (IGVF) - Witten/Herdecke University, Germany

### **Fabbri Alessia**

---

Istituto Superiore di Sanità - Rome, Italy

### **Farinelli Claudio**

---

Pediatric Disease, Rome - Italy

### **Ferreri Rosaria**

---

Center for Integrative Medicine of Pitigliano for non-oncological pathways, Tuscany, Italy



### **Ferri Hammarberg Ivano**

---

Integrative Oncology - Bologna, Italy

### **Fiorentini Carla**

---

ARTOI Foundation, Italy

### **Gowan Donelda**

---

Canadian Interdisciplinary Network of Complementary Medicine Researchers (INCM)

### **Haller Heidemarie**

---

Center for Integrative Medicine and Health - University of Duisburg-Essen, Germany

### **Hoenders Rogier**

---

Centrum Integrale Psychiatrie (CIP) Lentis, Groningen

### **Ijaz Nadine**

---

ISCMR, Germany

### **Jong Miek**

---

NAFKAM Dept. of Community Medicine - Faculty of Health Science - The Arctic University of Norway

### **Lauche Romy**

---

National Centre for Naturopathic Medicine, Southern Cross University, Lismore, Australia

### **Leach Matthew**

---

National Centre for Naturopathic Medicine, Southern Cross University, Lismore, Australia

### **Ligabue Maria Bernadette**

---

Correggio Hospital, IRCCS Reggio Emilia Rehabilitation Department, Italy

### **Michalsen Andreas**

---

Institute for Social Medicine, Epidemiology and health economics, Berlin

### **Munk Niki**

---

Health Sciences School of Health and Human Sciences - Indiana University, Indianapolis

### **Ortiz Miriam**

---

Institute for Socialmedicine, Epidemiology and Health Economics - Charité - Universitätsmedizin, Berlin

### **Portalupi Emanuela**

---

Association of Research and Studies for Anthroposophical Medicine and Italian Society of Anthroposophical Medicine, Italy

### **Ravagnan Giampietro**

---

IFT-CNR, ARTOI Foundation, Italy

### **Samstag Yvonne**

---

Molecular Immunology Section of the Heidelberg University Hospital, Germany

### **Schloss Janet**

---

National Centre for Naturopathic Medicine - Southern Cross University - Lismore, Australia

### **Seifert Georg**

---

University Medicine of Berlin - University of Sao Paulo - Faculty of Medicine, Department of Pediatrics, Brazil

### **Stock-Schröer Beate**

---

Integrative Medicine and Health Sciences IGIM - University of Witten/Herdecke, Germany

### **Tinao José F.**

---

Prevention and Integrative Medicine Unit at Olympia-Quirón, Spain

### **Voiß Petra**

---

Integrative Oncology - Essen-Steele Hospital - Essen, Germany

### **Willich Stephan**

---

Institute of Social Medicine, Epidemiology and Health Economics -  
Universitätsmedizin Berlin, Germany

### **Zick Suzie**

---

Integrative Family Medicine Program at the University of Michigan, USA

## **SCIENTIFIC ADVISORY COMMITTEE**

---

### **Baars Eric**

---

Leiden University of Applied Sciences, AJ Leiden, The Netherlands

### **Baumgartner Stephan**

---

Institute of Complementary and Integrative Medicine - University of Bern,  
Switzerland

### **Büssing Arndt**

---

University of Witten/Herdecke gGmbH - Witten, Germany

### **Deng Gary**

---

Weill Cornell Medical College of Cornell University - New York, USA

### **Dragan Simona**

---

University of Medicine and Pharmacy Victor Babes Timisoara Romania

### **Eisenberg David**

---

Harvard T.H. Chan School of Public Health - Boston, USA

### **Grant Suzanne**

---

NICM Health Research Institute, Western Sydney University, Australia

### **Harnett Joanna**

---

University of Sydney School of Pharmacy, Australia

### **Heinrich Michael**

---

UCL School of Pharmacy, Univ. London, UK

### **Hummelsberger Josef**

---

International Society for Chinese Medicine (SMS) - Munich, Germany

### **Irnich Dominik**

---

LMU University Hospital Munich, Dept. of Anesthesiology - München, Germany

### **Jeitler Michael**

---

Integrative Medicine - Charité University Outpatient Clinic for Naturopathy at the Immanuel Hospital - Berlin

### **Koch Anna Katharina**

---

Integrative Medicine in Pediatric Oncology - Campus Virchow Clinic - Berlin, Germany

### **Kröz Matthias**

---

Ltd Doctor Sleep Medicine - Arlesheim, Switzerland

### **Langhorst Jost**

---

Integrative Medicine - University of Duisburg-Essen - Social Foundation Bamberg, Germany

### **Längler Alfred**

---

Pediatrics and Adolescent Medicine - Community Hospital - Herdecke, Germany

### **Rostock Matthias**

---

University Cancer Center Hamburg (UCCH) - University Hospital Hamburg - Eppendorf, Germany

### **Schad Friedemann**

---

Oncology Center and Department of Interdisciplinary Oncology and Palliative Medicine - Community Hospital Havelhöhe, Berlin

### **Schlaeppli Marc**

---

Center for Integrative Medicine Cantonal Hospital - Switzerland

### **Vagedes Jan**

---

ARCIM Institute - University of Tübingen, Germany

### **Valentini Jan**

---

University Hospital Tübingen, Institute of General Medicine and Interprofessional Care, Germany

### **Zhang Tony**

---

School of Health and Biomedical Sciences, STEM College - Victoria, Australia

## **GUEST SPEAKERS**

---

### **Prof. Sungchol Kim**

---

Executive of WHO - World Health Organization

## **INVITED SPEAKERS**

---

### **BAGETTA GIACINTO**

---

Professor of Pharmacology, Department of Pharmacy, Health Science and Nutrition - University of Calabria, Italy

### **BEN-ARYE ERAN**

---

Co-Founder of Haifa Oncology Service, Lin Medical Center - Primary Researcher of the Middle East Research Group in Integrative Oncology (MERGIO) within the Middle East Cancer Consortium (MECC) - Member of the Society for Integrative Oncology (SIO) Board of Trustees, SIO Regional Ambassador to Europe and the Middle-East - Israel

### **BOTTACCIOLI FRANCESCO**

---

Founder and Honorary President of the Italian Society of Psychoneuroendocrinology (SIPNEI) - Postgraduate training - L'Aquila University and Rome Tor Vergata University - Italy

### **BREITKREUZ THOMAS**

---

Director, Internal Medicine and Palliative Care, Paracelsus-Krankenhaus Unterlengenhardt, Germany - Spokesman for the Competence Network Integrative Medicine Baden-Württemberg (KIM) - Germany

### **BURGIO ERNESTO**

---

Member of Conseil Scientifique E. B. ECERI European Cancer and Environment Research Institute - Belgium

### **COHEN LORENZO G.**

---

Director of the Integrative Medicine Program at The University of Texas MD Anderson Cancer Center, USA

### **DENG GARY**

---

Medical Director in Integrative Medicine, Memorial Sloan Kettering Cancer Center, USA

### **DOBOS GUSTAV**

---

Director of the Clinic for Naturopathy & Integrative Medicine, Germany

### **EISENBERG DAVID M.**

---

Director of Culinary Nutrition - Adjunct Associate Professor - Department of Nutrition - Harvard T.H. Chan School of Public Health - USA

### **FASANO ALESSIO**

---

Professor of Pediatrics Harvard Medical School, Professor of Nutrition Harvard T.H. Chan School of Public Health - USA

### **FATTORINI IVA**

---

Founder and chair of the Global Arts and Medicine Institute - UK

### **GALLEGO-PEREZ DANIEL**

---

Postdoctoral Research Fellow, Program of Integrative Medicine, UNC-Chapel Hill, International Consultant, PAHO/WHO Regional Office for the Americas - USA

### **GHELMAN RICARDO**

---

Chair Brazilian Academic Consortium for Integrative Health, CABSIN - Post Doctorate in Neurosciences, UNIFESP - WHO Expert on Traditional, Complementary and Integrative Medicine, TCIM/WHO - Board member of Traditional, Complementary and Integrative Medicine Network of the America, VHL/TCIM/PAHO - Ambassador for Brazil, Society of Integrative Oncology, SIO - Member, International Research Council on Anthroposophic Medicine, Goethenaum - Chair, Department of Integrative Medicine for Children and Adolescents, Society of Pediatrics of São Paulo - Brazil

### **HUGHES GAIL**

---

Professor and Senior Advisor - Epidemiology - Public health - NCDs - HIV/AIDS - Integrative Health - University of the Western Cape - Republic Of South Africa

### **JIANPING LIU**

---

Director, Centre for Evidence-Based Chinese Medicine - Beijing University of Chinese Medicine, CN  
Application of evidence-based medicine methods in integrative oncology research - China

### **LANGEVIN HELENE M.**

---

Director of the National Center for Complementary and Integrative Health - USA

### **LEE T. RICHARD**

---

Professor of Stem Cell and Regenerative Biology at Harvard University and Professor of Medicine at Harvard Medical School - Division of Hematology/Oncology University Hospitals & Case Western Reserve University, Director of Supportive & Integrative Oncology Seidman Cancer Center - USA

### **LIN VIVIAN**

---

Executive Associate Dean (Strategy and Operations)  
Professor of Public Health Practice - Netherlands

### **LOCKE AMY**

---

Current Chair of the Academic Consortium University of Utah; ACIMH Professor of Family and Preventive Medicine  
Adjunct Professor, Nutrition and Integrative Physiology, College of Health - USA

### **NARAYANAN SANTHOSSHI**

---

Associate Professor in the Department of Palliative, Rehabilitative and Integrative Medicine at The University of Texas MD Anderson Cancer Center - USA

### **OPPERT CLAIRE**

---

French cellist graduated from the Tchaikovsky Conservatory in Moscow.

Every Friday she goes to the oncology and palliative care department of the hospital of Sainte-Perine - France

### **PUTHIYEDATH RAMMANOHAR**

---

Research Director, Amrita Centre for Advanced Research in Ayurveda (ĀCĀRA), School of Ayurveda, Amritapur - India

### **SAPER ROBERT B.**

---

Director of Integrative Medicine for the Boston Medical Center Department of Family Medicine and Professor in the Chobanian and Avedisian School of Medicine - USA

### **SUNITA VOHRA**

---

Professor, Faculty of Medicine & Dentistry - Pediatrics Dept - University of Alberta - Canada

### **VON ROSENSTIEL INES**

---

Director of the Integrative Medicine outpatient's clinic at the Slotervaart Children's Hospital in Amsterdam  
founder of NIKIM Foundation, a dutch Expertise Centre for Integrative Medicine

# PROGRAM OVERVIEW

WEDNESDAY **September 20, 2023**

TABELLA EXCEL PROGRAMMA

WEDNESDAY September 20 | 2023

WEDNESDAY September 20 | 2023

# PROGRAM OVERVIEW

THURSDAY **September 21, 2023**

TABELLA EXCEL PROGRAMMA

THURSDAY *September 21* | 2023

THURSDAY *September 21* | 2023

# PROGRAM OVERVIEW

FRIDAY **September 22, 2023**

TABELLA EXCEL PROGRAMMA

FRIDAY **September 22 | 2023**

FRIDAY **September 22 | 2023**



# PROGRAM OVERVIEW

SATURDAY **September 23, 2023**

TABELLA EXCEL PROGRAMMA

SATURDAY September 23 | 2023

SATURDAY September 23 | 2023

# CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

## Angelicum Congress Center

07.00 – 08.00 Registration and reception

## GARDEN – Angelicum Congress Center

07.00 – 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

## 08.30 – 10.30 PRE-CONGRESS WORKSHOP

**ROOM 1**  
105 min  
**Levels of Health' as a novel clinical tool for assessing prognosis and treatment response in chronic diseases**

*Seema Mahesh - Mahesh Mallappa (India/Greece)*

**ROOM 2**  
90 min  
**Understanding Anemia: from diagnosis to integrative treatment**

*Andreazzoli Francesca – Massimo Bonucci (Italy)*

**ROOM 3**  
90 min  
**Latest Advances in Integrative Medicine & Oncology**

*Avni Sali (Australia)*

**ROOM 5**  
**How integrative medicine in veterinary can provide a contribution to research in human health**

*Alessandro Benvenuti, Carla Fiorentini (Italy)*

**ROOM 6**  
105 min  
**International Policy Issues on Traditional, Complementary, and Integrative Health**

*Nadine Ijaz (North America) - Miek Jong (Norway) - Daniel F. Gallego-Perez (North Carolina) - Jon Wardle (Australia)*

**ROOM 7**  
105 min

**Lessons Learned from Delivering Governmentally Recognized Integrative Medicine Education: A Case of Cupping Therapy Course**

*Zainab AlMusleh - Tamer Aboushanab (Qatar – Egypt)*

**ROOM 8**  
90 min

**The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician**

*Leslie Mendoza Temple (USA)*

**ROOM 9**  
105 min

**Application of Metaverse and Blockchain Technology in Integrative Medicine**

*Babak Daneshfard (Iran)*

**ROOM 10**  
105 min

**Network TCIM alternatives for antibiotics worldwide: Global Initiative for Traditional Solutions to Antimicrobial Resistance (GIFTS-AMR) (JPIAMR funded)**

*Erik W. Baars, David Martin, Desislava Vankova, Esther van der Werf, Merlin Willcox, Petra Weiermaye (Netherlands – Sweden)*

**ROOM 11**  
105 min

**The role of the microbiome in cancer etiology, treatment and outcomes and strategies for diagnosing and treating the microbiome in oncology**

*Sorbarikor Piawah - Carla Kuon - Shannon Elizabeth Fogh (USA)*

10.30 – 11.00

**COFFEE BREAK**

11.00 – 13.30

**PRE-CONGRESS WORKSHOP**

# CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

September 20 | 2023

WEDNESDAY

<b>ROOM 1</b> 90 min	<b>Oncology and theoretical-practical experiences of acupuncture application</b> <i>Cracolici Franco – Lupi Giuseppe (Italy)</i>
<b>ROOM 2</b> 90 min	<b>Integrative oncology treatment (IOT) for GBL under ARTOI method</b> <i>Bonucci Massimo – Ravagnan Giampietro – Fuggetta Maria Pia – Stringaro Anna Rita (Italy)</i>
<b>ROOM 3</b> 105 min	<b>Yoga and Spirituality: Science, Rationale and Research Evidence</b> <i>Sat Bir Khalsa (USA) - Arndt Bussing (Germany)</i>
<b>ROOM 5</b> 90 min	<b>Towards an international federation of Academic Consortia for Integrative Medicine?</b> <i>Rogier Hoenders (Netherlands) – Ricardo Ghelman (Brazil) - Amy Locke (USA) - Miek Jong (Norway)</i>
<b>ROOM 7</b>	<b>Health education in cancer patients: a re-newed paradigm of “active” prevention</b> <i>in progress</i>
<b>ROOM 8</b> 105 min	<b>Nature, Biophilia and Mental Health: from Evidence to Real World</b> <i>Juliana Gatti-Rodrigues (Brazil) - Marina Lencastre, Maria José Curado (Portugal) - Ricardo Ghelman (Brazil)</i>

<b>ROOM 9</b> 75 min	<b>eHyperthermia as an adjunctive treatment in patients with cancer: clinical and applicative data</b> <i>Massimo Bonucci – Giammaria Fiorentini – Antonio Maria Costa – Carlo Pastore – Andrea Mambrini – Girolamo Ranieri – Alberto Gramaglia (Italy)</i>
<b>ROOM 10</b> 105 min	<b>In the borderland between body and mind – exploring the science of sinosomatics</b> <i>Florian Beissner - Annemarie Schweizer-Arau (Germany)</i>
<b>ROOM 11</b> 105 min	<b>New Frontiers: Neuro-Acupuncture. History, research and clinical applications of an effective system combining traditional Acupuncture and Neurosciences</b> <i>Lucenti Cecilia – Franconi Giovanna (Italy)</i>

13.00 – 13.30 **WORKSHOPS CLOSURE**

**Chamber of Deputies, Chamber of parliamentary groups**

16.00 – 18.00	<b>Ceremony Opening of 2WCIM&amp;H</b> <ol style="list-style-type: none"> <li>Greetings from institutional and international authorities</li> <li>ARTOI integrative oncology: state of art - Massimo Bonucci (Italy)</li> <li>Integrative medicine and health in Europe and worldwide (Benno Brinkhaus - Holger Cramer, Germany)</li> <li>ESIM Excellence in Integrative Medicine Research Awards (Stefan Willich)</li> <li>ISCMR Award (Benno Brinkhaus)</li> <li>ARTOI Award (Massimo Bonucci)</li> <li>Welcome Words by Helene Langevin (USA) “What kind of science is needed to advance integrative medicine and health?”</li> </ol>
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September 20 | 2023

WEDNESDAY

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

## GARDEN – Angelicum Congress Center

07.00 – 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

## Angelicum Congress Center

08.00 – 09.00 Registration and reception

## Aula Magna

08.45 – 10.30 **Plenary 1: Future CIM Research Strategies**

*Chair: H. Cramer / B. Brinkhaus /M. Bonucci*

40 min (including Q&A) **Helene Langevin (USA)** - Integrative Health: The challenges, and potential rewards, of moving beyond silos

40 min (including Q&A) **Jianping Liu (China)** - Importance of Research in Integrative Medicine: Opportunities and Challenges

30 min (including Q&A) **Amy Locke (USA) – in progress**

10.30 – 11.00 **COFFEE BREAK**

## Aula Minor

11.00 – 13.15 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

**“Integrative Medicine with epigenetic experiences”**

*Chair: Jong M.*

*Co-Chair: Giralt I.*

20 min **Burgio Ernesto (Belgium)** - Glioblastoma: genetics, epigenetics, holo-genomics. Toward a systemic diagnostic-therapeutic approach

20 min **Cracolici Franco (Italy)** - Traditional and Modern Medicine between genetics and epigenetics

20 min **Cohen Lorenzo (USA) – in progress**

20 min **Lombardi Mistura Eleonora (Italy)** - Epigenetic breastfeeding

## Techniques and effects

15 min **Guido Carmelo (Italy)** - Use of Traditional Chinese Medicine (TCM) in facial nerve palsy

15 min **Dietzel Joanna (Germany)** - Cardiovascular effects of auricular stimulation - systematic review and meta-analysis

15 min **Attias Samuel (Israel)** - Effectiveness of Reflexology, and Sham Reflexology on Preoperative Anxiety in Patients Undergoing Laparoscopic Cholecystectomy: A Single-Blinded Randomized Controlled Trial

15 min **Zhang Tony (Australia)** - Evidence-based clinical Chinese medicine: the whole-evidence approach

## ROOM 1

11.00 – 13.15 **HOLISTIC INTEGRATIVE TREATMENTS**  
**“Holistic treatments effectiveness”**

*Chair: Munk N.*

*Co-Chair: Gowan D.*

15 min **Schleiner Alina (Germany)** - Effects of Yoga on stress in stressed adults: A systematic review and meta-analysis

15 min **Vollbehr Nina (Netherlands)** - Mindful yoga intervention as add-on to treatment as usual for young women with major depressive disorder: results from a randomized controlled trial

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

THURSDAY September 21 | 2023

15 min	<b>Moosburner Alina (Germany)</b> - Yoga for depressive disorders: A systematic review and meta-analysis
15 min	<b>Vollbehr Nina (Netherlands)</b> - Cost-effectiveness of a mindful yoga intervention added to treatment as usual for young women with major depressive disorder versus treatment as usual only

## Holistic treatment techniques

15 min	<b>Bertoldi Pietro (Italy)</b> - Frequencies, Vibrations, Oscillations and Waves in TUINA Techniques
15 min	<b>Alanazi Abdulaziz (USA)</b> - The Safety and Adverse Events Associated with Cupping Therapy: Creating a Taxonomy
15 min	<b>Cetin Sebahat Yaprak (China)</b> - The Effects of Baduanjin Qigong Exercise via Telerehabilitation in Ankylosing Spondylitis: A Randomized Controlled Trial
15 min	<b>Azizi Hoda (Iran)</b> - The Effect of Acupressure on the Severity of Nausea, Vomiting, and Retching in Pregnant Women: A Randomized Controlled Trial

## ROOM 2

11.00 – 13.15	<p><b>BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE</b></p> <p><b>“Mechanisms of action of natural substances”</b></p> <p><i>Chair: Fabbri A.</i></p> <p><i>Co-Chair: Baumgartner S.</i></p>
15 min	<b>Kandil Farid (Germany)</b> - Patients’ perspectives on prescription cannabinoid therapies: a cross-sectional, anonymous, one-time web-based survey among German patients

15 min	<b>Dall’Alba Rafael (Brazil)</b> - Evidence-Based Medicine in the context of Complementary and Integrative Traditional Medicines: a critical analysis
15 min	<b>Bai Chen (China)</b> - Key issues of the method of carrying out a case series study in real world on the inheritance of illustrious senior traditional Chinese medicine practitioners

## Homeopathy

15 min	<b>Tournier Alexander (France)</b> - Fundamental research in homeopathy: considerations and recommendations
15 min	<b>Samstag Yvonne (Germany)</b> - Differentially manufactured Arnica montana L. extracts mediate anti-inflammatory effects on human T cells via different signaling pathways
15 min	<b>LEJRI Imane (Switzerland)</b> - Gelsemium Low Doses Increases Bioenergetics and Neurite Outgrowth
15 min	<b>Ücker Annekathrin (Germany)</b> - Duckweed - (Lemna gibba L.) as test organism in homeopathic basic research

## ROOM 3

11.00 – 12.00	<p><b>INTEGRATIVE ONCOLOGY AND CANCER CARE</b></p> <p><i>Chair: Tamburini E.</i></p> <p><i>Co-Chair: in progress</i></p>
15 min	<b>De Saedeleer Pol (UK)</b> - Critical evaluation of scientific publications of conventional & complementary cancer treatment protocols to improve patient outcome during and after treatment
15 min	<b>Kristoffersen Agnete Egilsdatter (Norway)</b> - Prevalence of late and long-term effects of cancer (treatment) and use of complementary and alternative medicine in Norway

THURSDAY September 21 | 2023

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min **Hök Nordberg (Sweden)** - Teaching Swedish oncology health care professionals about complementary and integrative medicine: course design & evaluation

15 min **Bonanno Salvatore (Italy)** - Radiotherapy and Hospice: an integrated multidisciplinary organizational approach

12.00 – 13.30

## WORKSHOP

**Present and future of Clinical Use of Cannabis in Oncology**  
**Off-topic: Intravenous High-Dose Vitamin C in Oncology**

*Francesco Coriglione, Marco Landi, Giovanni Isoldi, Paolo Etiope (Italy)*

## ROOM 5

11.00 – 13.15

### ARTS & MEDICINE

**“Dance, Music, Paint and Arts Therapies in Medicine”**

*Chair? In progress*

*Co-Chair: Di Giampietro T.*

10 min **Micke Oliver (Germany)** - Medicine is Art and Art Medicine – The impact of Art for Cancer Patients

10 min **Endrizzi Cristina (Italy)** - Crisis, creativity and finitude. Experiences with expressive therapy in Hospice

10 min **Mehl Annette (Germany)** - Approaching artistic expression through the therapist’s eye and patient’s self-reported Inner Correspondence. A conceptual framework to evaluate and better understand the impact of anthroposophic painting and eurythmy therapy on clinical outcome

10 min **Haeyen Suzanne (Netherlands)** - The powerful experience. Emotion regulation and self-image in personality disorders in arts & psychomotor therapies

10 min **Joschko Ronja (Germany)** - The effect of active visual art therapy on health outcomes: A systematic review and meta-analysis of randomised controlled trials

10 min **Benraf Moses Sharon (Israel)** - Painting; The act of painting as a pain reliever

10 min **Chiarlone Perialba (Italy)** - I have seen the life dancing. The end-of-life stories: a narrative analysis

10 min **Culen Monica (Austria)** - How healthcare clowns can contribute to more supportive hospital environments: RED NOSES Partnerships in the Healthcare System

10 min **Van Hooren Susan (Netherlands)** - Arts Therapies in Forensic Psychiatric Care: a review on effects, active elements, and mechanisms of change

## ROOM 6

11.00 – 13.15

**COVID 19 AND OTHER (POST) INFECTION DISEASES**  
**“Complementary Integrative medicine in acute Covid 19 infection”**

*Chair: Ravagnan G.*

*Co-Chair: Dragan K.*

15 min **Lee Myeong Soo (Korea)** - Use of traditional, complementary and integrative medicine during the COVID-19 pandemic: a systematic review and meta-analysis

15 min **Cooley Kieran (Australia)** - Interim Report on a Live Review of Systematic Reviews of Natural Health Products and Natural Therapies in the Prevention and/or Treatment of COVID-19

15 min **Ang Lin (Korea)** - A nationwide survey on the management of COVID-19 pandemic in South Korea using complementary and alternative approaches

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

## “Complementary Integrative medicine in acute Covid 19 infection”

- 15 min **Gündling Peter W. (Germany)** - Use and effect of a special cistus extract during the Corona pandemic - Retrospective survey study among users and prescribers
- 15 min **González Ovejero Aranzazu (Spain)** - Improving the quality of life of persistent COVID patients with nutraceutical intervention supported by mycotherapy
- 15 min **Iranzadasl Maryam (Iran)** - Efficacy of topical galbanum oil with dry cupping in hospitalized COVID-19 patients: A randomized open-label clinical trial
- 15 min **Gadelha Serra Maria Emilia (Brazil)** - Clinical effectiveness of medical ozone therapy in COVID-19: the evidence and gaps map

### ROOM 7

- 11.00 – 13.15 **INTEGRATIVE PEDIATRICS:**  
**“From Prevention to Palliation”**  
*Chair: Farinelli C.*  
*Co-Chair: Amheier M.*
- 20 min **Alessio Fasano (USA)** - Food, Pesticides, Dysbiosis and Obesity
- 20 min **Monica Galanti (Chile)** - Digital Intoxication
- 20 min **Jan Vagedes (Germany)** - Pollution and Non communicable disease
- 20 min **Suzi Tortora (USA)** - Speaking the unspeakable: The Power of Dance & Movement with Children for Healing and Wellness

- 20 min **Mercedes Ogal (Switzerland)** - Outpatient integrative-medicine options in pediatric palliative care
- 20 min **Simone Brasil de Oliveira Iglesias (Brazil)** - Integrative practices into palliative support as holistic and multidimensional care in Brazil
- 15 min Q & A

### ROOM 8

- 11.00 **WORKSHOP**
- 105 min **Integrative Health and Medicine in the Prevention and Treatment of Cardiovascular and Non-Communicable Disease**  
*Guarneri Mimi (USA)*

### ROOM 9

- 12.00 – 13.30 **EJIM Editorial Board Meeting**  
**BY INVITATION ONLY**

### ROOM 10

- 11.00 – 13.15 **NUTRITION AND LIFESTYLE “Diet and wellness”**  
*Chair: Bradley R.*  
*Co-Chair: Toso T.*
- 20 min **Rammanhoar Puthiyedath (India) – in progress**
- 15 min **Cooley Kieran (Australia)** - Mediterranean diet adaptations to traditional cultural eating paradigms: a realist synthesis

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

THURSDAY September 21 | 2023

15 min	<b>Lieners Camille (Poland)</b> - Superiority of an igt guided elimination-rotation diet compared to fodmap diet and classic dietary recommendations in the management in patients with mixed form of irritable bowel syndrome
<b>Experiences</b>	
15 min	<b>Montejano Vallejo Rebeca (Germany)</b> - Green Hospital Food: Implementation of sustainable, plant-based foodservices at the University Hospital Essen
15 min	<b>Noera Giorgio (Italy)</b> - Long term tube feeding enteral nutrition with Italian quality product Arthrospira Platensis
15 min	<b>Borgmann-Staudt Anja (Germany)</b> - Individual breastfeeding experience in an anthroposophic hospital: a mixed methods study
15 min	<b>Hoenders Rogier (Netherlands)</b> - A Combined Lifestyle Intervention for Psychiatric Outpatients (CHAPTER): Results of a Pilot Randomized Controlled Trial
<b>ROOM 11</b>	
11.00 – 13.15	<b>INTEGRATIVE ONCOLOGY AND CANCER CARE “Acupuncture in cancer”</b> <i>Chair: Schloss J.</i> <i>Co-Chair: Magno S.</i>
15 min	<b>Lesi Grazia (Italy)</b> - Acupuncture as integrative medicine in breast cancer patients: an italian feasibility study in Emilia Romagna oncology hospital settings
15 min	<b>Ye-Seul Lee (Korea)</b> - Safety and efficacy of acupuncture for symptom management in breast cancer patients

15 min	<b>Wan Yuxiang (China)</b> - Exploring the mechanism of peritumoral acupuncture promoting vascular normalization of breast cancer based on DIA proteomics and photoacoustic imaging
<b>Acupuncture in cancer</b>	
15 min	<b>Ruifang Yu (China)</b> - Acupuncture Reduces Insomnia in Lung Cancer Survivors: A Retrospective Cohort Study
15 min	<b>Ming Yang (China)</b> - Acupuncture for rectal cancer patients with low anterior resection syndrome (LARS): A mixed method pilot study protocol
15 min	<b>Danhauer Suzanne (USA)</b> - The Effects of Acupuncture on Treatment-Related Symptoms & Symptom Interference in Patients with Head and Neck Cancer Experiencing Chronic Radiation-Induced Xerostomia (RIX): Wake Forest NCI Community Oncology Research Program Research Base (WF NCORP RB) Randomized, Sham-controlled Trial WF-97115
15 min	<b>Rinaldi Massimo (Italy)</b> - Singular and combined effects of Nordic Walking practice and Acupuncture on bioelectrical impedance vector of breast cancer survivors
13.30 – 14.30	<b>LUNCH</b>
<b>ROOM 1</b>	
13.30 – 14.30	<b>ROUND TABLE LUNCH WITH STUDENTS</b>
<b>ROOM 5</b>	
13.30 – 14.30	<b>IMR Editorial Board Meeting</b> <b>BY INVITATION ONLY</b>

THURSDAY September 21 | 2023



# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

THURSDAY September 21 | 2023

ROOM 6	
13.30 – 14.30	<b>ROUND TABLE LUNCH WITH STUDENTS</b>
ROOM 9	
13.30 – 14.30	<b>ROUND TABLE LUNCH WITH NURSES</b>
ROOM 10	
13.30 – 14.30	<b>ROUND TABLE LUNCH WITH NURSES</b>
Aula Magna	
14.30 – 16.00	<b>Plenary 2: Integrative Oncology</b> <i>Chair: Bonucci M. e Bao T.</i> <i>Discussant: Richard Lee</i>
25 min	<b>Eran Ben-Arye (Israel)</b> - Integrative Surgery along the continuum of integrative oncology care
25 min	<b>Gary Deng (USA)</b> - Integrative Oncology: What Now and What Next?
25 min	<b>Francesco Bottaccioli</b> - in progress
15 min	<b>Discussion Q&amp;A</b>
16.00 – 16.30	<b>COFFEE BREAK</b>

Aula Minor	
16.30 – 18.30	<b>BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “The News in research: Aromatherapy and plant extracts”</b> <i>Chair: Burgarcic A.</i> <i>Co-Chair: Fiorentini C.</i>
15 min	<b>Bagetta Giacinto (Italy)</b> - Aromatherapy: from bench to bedside
15 min	<b>Master Lissandra Fogaça (Brazil)</b> - Aromatherapy Clinical Effectiveness Evidence Map
15 min	<b>Klocke Carina (Germany)</b> - AroMaDem - Aroma oil massage with lavender oil for residents in nursing homes with agitated dementia
15 min	<b>Czakert Judith (Germany)</b> - Aromatherapy, Dental Fear and Anxiety: Influence of essential-oil vaporization in dental practices on acute anxiety - a multicenter, cluster-randomized, controlled, single-blinded study (AROMA_dent)
Miscellaneous	
15 min	<b>Pazienza Valerio (Italy)</b> - Identifying predictive bacterial markers from cervical swab microbiota on pregnancy outcome in woman undergoing assisted reproductive technologies
15 min	<b>Lo Lun-Chien (China)</b> - Exploring the pivotal variables of tongue coating metabolites between patients with type 2 diabetes from healthy controls
15 min	<b>Cortés Bueno José Federico (Mexico)</b> - Stromal precursors in dentistry from science to reality “bone regeneration and implant osseointegration”

THURSDAY September 21 | 2023

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min **Lee Eun Jung (Korea)** - Cervi Parvum Cornu Facilitates Recovery of Bone Fracture via partially BMP-Smad/p38-mediated Osteoblast Differentiation

## ROOM 1

16.30 – 18.30 **HOLISTIC INTEGRATIVE TREATMENTS**  
**“Holistic treatments effectiveness” (Yoga as a holistic treatment)**  
*Chair: Ligabue M.B.*  
*Co-Chair: Lauche R.*

15 min **Tew Garry (UK)** - Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluations

15 min **Vollbehr Nina (Netherlands)** - Exploring young women’s experiences participating in a mindful yoga intervention for depression: qualitative analysis of positive and negative effects

15 min **Chhabra Anuja (USA)** - Yoga-Based Practices for the Voice Disorder of primary Muscle Tension Dysphonia

15 min **Lavretsky Helen (USA)** - Mechanisms of response to yoga or memory training in older women at risk for Alzheimer

### Miscellaneous

15 min **Nyapati Sashank (Netherlands)** - Worldviews and Mental Health: A Scoping Review

15 min **Rezo Anna Maria (Germany)** - Integrative Mental Health Care Compared to Standard Care: An Observational Study

15 min **Wainke Michael (Austria)** - Substance Use Disorder and pain – Are Mindfulness Based Interventions effective?

15 min **Eden Estelle (France)** - The interest of an integrative medicine approach to empower the autonomy of the fibromyalgia patient

## ROOM 2

16.30 – 18.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE**  
**“Homeopathy in Cancer”**  
*Chair: Portalupi E.*  
*Co-Chair: Breitzkreuz T.*

15 min **Rossi Elio (Italy)** - A Randomized Controlled Trial addressing cancer-related cognitive impairment (chemobrain) in a sample of breast cancer patients undergoing rehabilitation exercises, diet, and add-on complementary medicine: Preliminary findings

15 min **Haller Heidemarie (Germany)** - Effectiveness of Mind-Body Medicine on reducing side effects of endocrine therapy in breast cancer patients: a randomized controlled trial

15 min **Elia Anna Lida (Italy)** - Severity of radiodermatitis in breast cancer patients with preventive treatment with homeopathic/integrative protocol compared with a control group with standard care

15 min **Bennani Mohammed (France)** - Benefits of homeopathic complementary treatment in breast cancer patients: A retrospective cohort study based on the French nationwide healthcare database (SNDS)

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

## Mistletoe and cancer

15 min	<b>Walach Harald (Germany)</b> - Quality of life in breast cancer patients treated with mistletoe extract: A systematic review and meta-analysis
15 min	<b>Huntley Alyson (UK)</b> - The Mistletoe and Breast cancer (MAB) study: a UK pilot RCT
15 min	<b>OSchad Friedemann (Germany)</b> - Improvement of quality of life in lung cancer patients receiving radiotherapy in combination with Viscum album L. -a real-world data study

## ROOM 3

16.30 – 18.05	<b>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</b> <b>“Integrative Medicine with acupuncture”</b> <i>Chair: Jong M.</i> <i>Co-Chair: Giralt I.</i>
15 min	<b>Lee Boram (Korea)</b> - The effect of sham acupuncture can be different according to the needling point on knee osteoarthritis: A systematic review and network meta-analysis
15 min	<b>Ho Fai Fai (China)</b> - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders <b>Ho Fai Fai</b> - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders
15 min	<b>Lucenti Cecilia (Italy)</b> - Neuroacupuncture is a feasible future for integrating acupuncture into physician training and clinical practice. A university training model experienced in Italy

15 min	<b>Giovanardi Carlo Maria (Italy)</b> - Acupuncture for migraine prophylaxis and for patients recovering from stroke
15 min	<b>Cracolici Franco (Italy)</b> - Acupuncture and Stroke

## ROOM 5

16.30 – 18.30	<b>PEDIATRIC DISEASES “Prevention and treatment of recurrent pediatric infectious diseases”</b> <i>Chair: in progress</i> <i>Co-Chair: Braeutigam C.</i>
15 min	<b>Yin Lingjia (China)</b> - Effect of pediatric Tuina (massage) on children's recurrent acute respiratory tract infections: a retrospective cohort study in Southern China
15 min	<b>Bai Chen (China)</b> - TMT-based proteomics analysis reveals the effect of a high-calorie diet on LPS-induced pneumonia by disturbing lung-brain axis
15 min	<b>Van Der Werf Esther (UK)</b> - Can homeopathy reduce antibiotic use while maintaining symptom control for acute otitis media? A systematic review
15 min	<b>Bai Chen (China)</b> - Experimental Study on Yinlai Decoction Treating Gastrointestinal Fever Complicated with Pneumonia in Rats by Regulating Short Chain Fatty Acid Metabolism through Intestinal Microflora

## Miscellaneous

15 min	<b>França Yara (Brazil)</b> - Effectiveness of Shantala massage in pain management of infants after painful procedure: Pilot quasi-experimental study
15 min	<b>Galli Matteo (Italy)</b> - Osteopathic manipulative treatment (OMT) in pediatrics and neonatology: a scoping review

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

- 15 min **James Peter (Australia)** - The use of traditional medicine practitioners for childhood illness among childbearing women: a multi-level Analysis of Demographic and Health Surveys in 32 sub-Saharan African countries
- 15 min **Farinelli Claudio (Italy)** - Effectiveness of an intervention method on the treatment habits of paediatric patients

## ROOM 6

- 16.30 – 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION “Types of therapies”**  
*Chair: Dusek J.*  
*Co-Chair: Steel A.*
- 15 min **Cardozo Pereira Erika (Brazil)** - Clinical Effectiveness of Apitherapy: Evidence Map
- 15 min **Joschko Lilly (Germany)** - Nature-based therapy: mental well-being and connectedness to nature in psychosomatic patients
- 15 min **Margonari Lazzuri Talita (Brazil)** - Effects of floral therapy on the state of anxiety in climacteric women
- 15 min **Koch Anna (Germany)** - Yoga as therapy for burnout: Health Technology Assessment Report on Efficacy, Safety, Economic, Social, Ethical, Legal and Organisational Aspects

## TCM

- 15 min **Zhang Xiaowen (China)** - The core components of traditional Chinese medicine complex interventions and their connections: A qualitative study with Chinese clinicians
- 15 min **Zou Xiang-Yun (China)** - Traditional Chinese medicine for olfactory dysfunction: A bibliometric analysis of published clinical studies

- 15 min **Hackman Robert (USA)** - Intake of Hokkaido red wine reduces blood pressure and improves vascular function in healthy adult men
- 15 min **Zhang Tony (China)** - Evidence-based clinical Chinese medicine for vascular dementia: the whole-evidence approach and the current best evidence

## ROOM 7

- 16.00 – 18.00 **European Council of Doctors for Plurality in Medicine (ECPM) – 30th anniversary “The added value of medical doctors in traditional, complementary and integrative health care”**  
30 years of ECPM - introduction & welcome - **Dr. Susanne Schunder-Tatzber**  
The added value of MDs in TCIH – **Prof. Dr. Dominik Irnich**  
Challenges of translation in TCIH into patient care – **Prof. Dr. Benno Brinkhaus**

- Discussion: Future of MDs in TCIH in various EU Regions**  
Prof. Dr. Dominik Irnich (Germany)  
Prof. Dr. Benno Brinkhaus (Germany)  
Dr. Elio Rossi (Italy)  
Dr. Petr Fiala (Czech Republic)

## ROOM 8

- 18.00 – 19.30 **ESIM member meeting**

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

## ROOM 9

16.30 – 18.30	<p><b>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</b>  <b>“TCM clinical experiences and research”</b></p> <p><i>Chair: Chung V.</i></p> <p><i>Co-Chair: Thompson E.</i></p>
15 min	<p><b>Lucenti Cecilia (Italy)</b> - Clinical experience of Neuroacupuncture in Parkinson’s Disease</p>
15 min	<p><b>Tam YiShun (China)</b> - Associations between using Chinese Herbal Medicine and both clinical outcome and gut microbiome in Eczema patients: A Prospective Observational Study</p>
15 min	<p><b>Tse PakYin (China)</b> - Associations between Chinese Herbal Medicine for different syndrome differentiation and clinical outcome in Eczema patients: A Retrospective Cohort study</p>
15 min	<p><b>Liang Changhao (China)</b> - Current status and challenges of ancient TCM literature as evidence to support clinical decision-making</p>

### Homeopathy

15 min	<p><b>Galeazzi Bruno (Italy)</b> - One Health, One Medicine</p>
15 min	<p><b>Roberts Rachel (UK)</b> - Scientific Standards in Homeopathy Research: Context is everything</p>
15 min	<p><b>Ghelman Ricardo (Brazil)</b> - Evidence Mapping - Clinical Effectiveness of Homeopathy</p>
15 min	<p><b>Ronchi Antonella (Italy)</b> - How to overcome the fragmentation in the homeopathic world hampering the integration of homeopathy?</p>

## ROOM 10

16.30 – 18.30	<p><b>NUTRITION AND LIFESTYLE</b>  <b>“Lifestyle and Illness: how we can win”</b></p> <p><i>Chair: in progress</i></p> <p><i>Co-Chair: Laffranchi A.</i></p>
15 min	<p><b>Frost Rachael (UK)</b> - Older adults’ views and experiences of using herbal medicines and dietary supplements to promote health in later life: A qualitative study</p>
15 min	<p><b>Cidral Francisco (USA)</b> - The effects of brainwave entrainment associated with the Mediterranean diet on clinical symptoms of depression: a randomized controlled trial</p>
15 min	<p><b>Ngoumou Gonza (Germany)</b> - Evaluation of an innovative two weeks course on nutrition in the context of planetary Health in medical education at Charité University Medicine Berlin</p>
15 min	<p><b>Gu Xiaohong (China)</b> - Overweight and obesity among kindergarten children in Shenzhen, China: a cross-sectional study</p>

### FASTING

15 min	<p><b>Breinlinger Carolin (Germany)</b> - Defining fasting: an international consensus process on fasting terminology</p>
15 min	<p><b>Koppold Daniela (Germany)</b> - Prolonged modified fasting for osteoarthritis: a prospective observational study</p>
15 min	<p><b>May Katharina (Germany)</b> - Feasibility and Effects of repetitive cycles of a Fasting Mimicking Diet on Subfertile Men – A qualitative data analysis</p>
15 min	<p><b>Anqi Li (China)</b> - Efficacy of oats for dyslipidemia: a systematic review and meta-analysis</p>

# CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

## ROOM 11

16.30 – 18.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE  
“Acupuncture /Herbal Medicine”**

*Chair: Voiß P.*

*Co-Chair: Marino F.*

15 min **Guido Carmelo (Italy)** - Impact of acupuncture on acute dysphagia in patients treated with radio-chemotherapy for squamous-cell carcinoma of the head-neck area: prospective randomized phase 2 study. Preliminary data

15 min **Abad Arranz Maria (Italy)** - Role of Acupuncture in the management of orphan symptoms related to the antitumour treatments: experience of the multidisciplinary oral therapy outpatient clinic of the “Giuseppe Mazzini” Hospital, Teramo, Italy

15 min **Hughes John (UK)** - Feasibility trial of Self-Acupuncture for Chemotherapy Cancer patients

15 min **Qi Xuewei (China)** - Peritumoral electro-acupuncture promote tumor vascular normalization by promoting M1-type TAMs polarization

### Acupuncture /Herbal Medicine

15 min **Cai Yiqing (China)** - Effects of electroacupuncture on postoperative complications of gastrointestinal cancers: A systematic review and meta-analysis

15 min **Senatori Roberto (Italy)** - Long-Term effect of Fractional CO2 Laser Therapy for Genitourinary Syndrome of Menopause (GSM) in Breast Cancer Survivors: mono-central perspective study

15 min **Leiria Leonardo (Brazil)** - The effect of the use of Saint Germain flower essences as a complementary integrative practice in the modulation of inflammatory markers in women with breast cancer associated with the use of tamoxifen

15 min **Freeman Jodie (Switzerland)** - Urtica comp. gel is highly effective in reducing the need for rescue care in breast cancer patients undergoing radiation therapy

## Angelicum Congress Center

18.30 – 20.00 **European Council of Doctors for Plurality in Medicine (ECPM) – 30th anniversary “The added value of medical doctors in traditional, complementary and integrative health care**

30 years of ECPM - Prosecco & Aperol

### WELCOME CONGRESS COCKTAIL

1. Happy Hours
2. Italian Snack & Street Food
3. Music & Entertainment

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

## GARDEN – Angelicum Congress Center

07.00 – 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

## Angelicum Congress Center

08.00 – 09.00 Registration and reception

## Aula Magna

09.00 – 10.30 **Plenary 3: CIM in times of limited health care resources + ROUND TABLE**

*Chair: Amie Steel / Claudia Witt*

30 min **Vivian Lin – in progress**

30 min **Robert Saper – in progress**

30 min **ROUND TABLE in progress**

INVITED SPEAKERS

1. Gustav Dobos
2. Rammanhoar Puthiyedath
3. Daniel Gallego Perez
4. Elio Rossi
5. Gail Hughes

10.35 - 5 min **Benno Brinkhaus (Germany), Prof. Elad Schiff, Prof. Eran Ben-Ayre and Dr. Gali Stoffman (Israel):** Presentation of ECIM conference In Jerusalem Sept. 4-6 2024

10.40 – 11.00 **COFFEE BREAK**

## ROOM 1

11.00 – 13.30 **BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “New results in basic research”**

*Chair: Fuggetta M.P.*

*Co-Chair: Koch K.*

15 min **Tran Nhat Minh (Vietnam)** - Identifying target organs of Radix Achyranthis Bidentatae: A bioinformatics approach on active compounds and genes

15 min **Luo Changyong (China)** - Establishment of intelligent prescription model for respiratory and febrile diseases diagnosis and treatment of famous and veteran TCM doctor based on transfer learning

15 min **Pots Yannick (Belgium)** - Implementation of New Global Integrated 35-Minor/1-Major-IMH-Theoretical-Knowledge-Matrix-Research-Model Based on Transcontinental Multidisciplinary-Multidimensional-Multimodal Eastern-&Western-Medicine-Mindsets Related-to Integrative-Oncology, Evidence-Based Cancer-Health-Care-Therapy-Systems & Patient-Centred Cancer-Health-Status-Value-Added-Creation/Optimisation

15 min **Bai Chen (China)** - Analysis on the common problems of grounded theory in the research implementation on the inheritance of experience from illustrious senior TCM practitioners

### New results in basic research

15 min **Pazienza Valerio (Italy)** - Counteracting gemcitabine+nab-paclitaxel induced dysbiosis in KRAS wild type and KRASG12D mutated pancreatic cancer in vivo model

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

15 min	<b>Tao Yang (China)</b> - Utilizing network pharmacology and experimental validation to explore the mechanisms of Qijiafuzheng formula promoting CD8+ T cell infiltration in microenvironment of lung adenocarcinoma through STAT1/CXCL10
15 min	<b>Hammarberg Ferri Ivano (Italy)</b> - Protective Effect of Limosilactobacillus fermentum ME-3 against the Increase in Paracellular Permeability Induced by Chemotherapy or Inflammatory Conditions in Caco-2 Cell Models
15 min	<b>Mi-Kyung Jeong (Korea)</b> - Bojungikki-Tang Enhances the Efficacy of Pembrolizumab Treatment in Human PBMC-Injected H460 Tumor-Bearing Mice

## ROOM 2

11.00 – 13-30	<b>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</b> <i>Chair: Lupi G.</i> <i>Co-Chair: Jiaz N.</i>
15 min	<b>Brami Cloe (France)</b> - Understanding students' motivations for participating in a mindfulness course: A qualitative analysis of medical students' views
15 min	<b>Bishop Felicity (USA)</b> - Exploring the process of health behaviour change in traditional acupuncture practice: A longitudinal qualitative study
15 min	<b>Pyykkönen Maija (Finland)</b> - Use of complementary and integrative health (CIH) in Finland: a cross-sectional survey
15 min	<b>Van Wietmarschen Herman (Netherlands)</b> - A Dutch national research agenda on integrative medicine: results of a consensus-based strategy

## Miscellaneous

	<b>Bäumler Petra (Germany)</b> - Proposal of a diagnostic algorithm for myofascial trigger points based on a multiple correspondence analysis of cross-sectional data
	<b>Voullième Silvia (Brazil)</b> - "Connections that transform": promoting Complementary Therapies in Oncology through the patient experience
	<b>Van Wietmarschen Herman (Netherlands)</b> - Co-creation of an evidence-based toolkit to facilitate communication on complementary medicine between general and complementary care practitioners in the Netherlands
	<b>Ng Jeremy (Canada)</b> - A Bibliometric Analysis of the Research Literature Published in Traditional, Complementary, Alternative, and Integrative Medicine-Categorized Journals

## ROOM 3

11.00	<b>WORKSHOP</b>
105 min	<b>Transforming the Relationship to the Body Through Interoceptive Awareness Training</b> <i>Cynthia Price - Dana Dharmakaya Colgan - Megan Sherman (USA)</i>

## ROOM 5

11.00 – 13.30	<b>HOLISTIC INTEGRATIVE TREATMENTS</b> <b>"Holistic treatments effectiveness"</b> <i>Chair: Esch T.</i> <i>Co-Chair: Büssing A.</i>
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FRIDAY September 22 | 2023

FRIDAY September 22 | 2023



# CONFERENCE PROGRAM

FRIDAY September 22, 2023

- 15 min **Timm Eliane (Switzerland)** - Evaluating effects of an online course "Eurythmy Therapy in Cancer" on quality of life, stress, mindfulness and sleep quality in adult participants
- 15 min **Oei Shiao Li (Germany)** - Efficacy of Tango Argentino on cancer-associated fatigue in breast cancer patients
- 15 min **Silva Simonia (Brazil)** - Effects of osteopathic manipulative treatment in the billiary dyskinesia
- 15 min **Munk Niki (USA)** - Comparison of Therapist-Applied Massage vs. Waitlist Control for Veterans with Chronic Neck Pain

## Techniques and protocols

- 15 min **Picariello Felice (Italy)** - Concept of Dermatofunctional Physiotherapy and endermologie with special technique
- 15 min **Zanini Sonia (Italy)** - The role MYNd&CO protocol in pain and mobility management in pregnant women: a pilot study
- 15 min **Marino Pietro (Italy)** - Nanomechanics and Cellular Electrodynamics: a fundamental contribution to the rationale of Manual therapies
- 15 min **Blow David (Italy)** - Impact of elastic decompression NeuroMuscular Taping methodology modulating phasic mechanical forces in restoring lymphatic functioning after breast reconstruction

## ROOM 6

11.00 – 13.30 **COVID 19 AND OTHER (POST) INFECTION DISEASES  
"TCM in acute infection and post-COVID 19"**

*Chair: Zhang T.*

*Co-Chair: Cooley K.*

- 15 min **Lu Chunli (China)** - Traditional, Complementary and Integrative Medicine for fatigue post COVID-19 infection: a systematic review of randomized controlled trials
- 15 min **Zou Xiang-Yun (China)** - Traditional Chinese medicine for post-viral olfactory dysfunction: a systematic review
- 15 min **Jin Xinyan (China)** - Traditional Chinese medicine for COVID-19 pandemic: An online cross-sectional survey among health care workers
- 15 min **Sabatini Federica (Italy)** - Acupuncture and Traditional Chinese Medicine (TCM) in Long Covid symptoms: the experience of the Fior di Prugna Center

## TCM in acute infection and post-COVID 19

- 15 min **Ho Fai Fai (China)** - Patient Satisfaction on Traditional Chinese Medicine Telemedicine Service During the COVID-19 Pandemic: A Cross-Sectional Study
- 15 min **Jin Xinyan (China)** - Traditional Chinese medicine for poor appetite in long COVID-19: A systematic review of randomized controlled trials
- 15 min **Lu Chunli (China)** - Traditional, Complementary and Integrative Medicine for respiratory post-viral fatigue: an umbrella review of systematic reviews and meta-analysis of randomized controlled trials
- 15 min **An Zhuojia (China)** - The characteristic and outcomes of dyspnea in studies of traditional Chinese medicine for respirovirus infections related diseases: evidence from randomized clinical trials

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

## ROOM 7

11.00

### WORKSHOP

**Measuring Health - Salutogenesis and Hygiogenesis-orientated Questionnaires for the Evaluation of Integrative Medicine - Theory, Evidence and Perspectives**

*Moderation E. Portalupi; G. Feder*

*Matthias Kröz, Emanuela Portalupi, Gene Feder, Erik Baars, Annette Mehl, Alyson Huntley, Gutenbrunner C., Zerm R. (Germany, USA, Italy)*

## ROOM 9

11.00 – 13.30

### INTEGRATIVE ONCOLOGY AND CANCER CARE

**“Mistletoe and Herbal Medicine”**

*Chair: Toledano A.*

*Co-Chair: Anelli L.*

15 min

**Baumgartner Stephan (Switzerland)** - Viscum album Lipophilic Extract in Actinic Keratosis, Cutaneous Squamous Cell Carcinoma and Basal Cell Carcinoma: A Retrospective Case Series

15 min

**Bai Chen (China)** - On the Core Prescriptions and Their Mechanisms of Traditional Chinese Medicine in Hepatitis B-Liver Cirrhosis-Liver Cancer Treatment

15 min

**Wan Yuxiang (China)** - Uncovering Active Ingredients and Mechanisms of Huaier on Modulating Metabolic Reprogramming of Hepatocellular Carcinoma: A Study Based on Network Pharmacology, Molecular Docking and Bioinformatics

15 min

**Thomae Anita V. (Switzerland)** - Development of self-care eLearning courses for cancer patients: An implementation research project with broad stakeholder engagement

### Homeopathy and Counseling

15 min

**Rossi Elio (Italy)** - Integrative oncology in the Public Hospital of Lucca (Italy): Outcome results of 10 years of activity

15 min

**Master Farouk (India)** - Efficacy of Homoeopathy in Advanced Solid Tumors of Brain and Spinal cord

15 min

**Kwong Ming Hong (China)** - Factors influencing the implementation of integrative oncology interventions in cancer care: Theoretical Domains Framework guided systematic review

15 min

**Dürsch Helena (Germany)** - A qualitative exploration of the facilitators and barriers affecting the implementation of a counseling program on complementary and integrative healthcare: Perceptions of patients and counselors.

## ROOM 10

11.00 – 13.30

### INTEGRATIVE ONCOLOGY AND CANCER CARE

**“Program and Protocols in Cancer”**

*Chair: Ortiz M.*

*Co-Chair: in progress*

15 min

**Cracolici Franco (Italy)** - The multidisciplinary reality of the Oncology Department of the Tuscany Health Authority USL Sud Est

15 min

**Waarsenburg Elkana (Netherlands)** - The Transdiagnostic Oncology Program (TOP), a combined lifestyle intervention for improving the quality of life of cancer survivors: a controlled before-and-after pilot study in the primary care setting

15 min

**Gimalac Anne (Switzerland)** - Integrative oncology and the terrain approach in Traditional European Medicine (TEM): a Swiss perspective

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

15 min **Grant Suzanne (Australia)** - Prehabilitation and Integrative Oncology for Women with Cancer receiving Chemotherapy: Co-design and Qualitative Study

## Clinical Homeopathy

15 min **Iasiello Antonietta (Switzerland)** - Treatment of cancer patients at the "Dr Spinedi" clinic: therapeutic model and timing of interventions with classic homeopathy in cancer treatment in a complex case of colon carcinoma

15 min **Bagot Jean-Lionel (France)** - Homeopathic recommendations in integrative oncology by expert consensus methodology: user friendly clinical guidelines for best practice

15 min **Lilova Mariya (France)** - Evaluation of the role of homeopathy in an integrative care day hospital for oncology outpatients in Strasbourg (France). A qualitative study

15 min **Master Farouk (India)** - Efficacy of Homeopathy in advanced metastatic cancer pain management

### ROOM 11

11.00 – 13.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

**"Clinical experiences and research"**

*Chair: Edwards E.*

*Co-Chair: Senatori R.*

15 min **Di Giampietro Tiziana (Italy)** - Updating Hahnemann's Language

15 min **Temple Leslie Mendoza (USA)** - The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

15 min **Löbel Katja** - Herbal medicines in Chile: views and experiences of healthcare providers

15 min **Willcox Merlin (UK)** - Feasibility of clinical trials on herbal medicines in UK primary care: lessons learned

## Mental Health

15 min **Ijaz Nadine (Canada)** - Motivations, Training, and Practice Characteristics of Integrative Medical Doctors in Ontario, Canada: An Exploratory Study

15 min **Ghelman Ricardo (Brazil)** - Meditation: Evidence Map of Systematic Reviews

15 min **Nawab Mohammad (India)** - Understanding cerebro-asthenia (Zuf al Dimagh): A rational approach for its assessment and treatment in clinical practice

15 min **Berschick Julia (Germany)** - From Burnout to Breakthrough. Mental Health at German Hospitals: Grey Literature Review with Semi-structured Interviews

13.30 – 14.30 **LUNCH**

### ROOM 1

13.30 – 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

### ROOM 6

13.30 – 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

### ROOM 9

13.30 – 14.30 **ROUND TABLE LUNCH WITH NURSES**

FRIDAY September 22 | 2023

FRIDAY September 22 | 2023

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

FRIDAY September 22 | 2023

<b>ROOM 10</b>	
13.30 – 14.30	<b>ROUND TABLE LUNCH WITH NURSES</b>
<b>Aula Magna</b>	
14.30 – 16.10	<b>Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE</b> <i>Chair: Vagedes J.</i> <i>Co-Chair: Von Schoen-Angerer T.</i>
25 min	<b>Ines von Rosenstiel (Netherlands)</b> - Implementation and Advocacy
25 min	<b>Ricardo Ghelman (Brazil)</b> - Policy informed by evidence: Evidence Map of Systematic Reviews on Integrative Pediatrics
25 min	<b>Sunita Vohra (Canada)</b> - Pediatric integrative medicine research needs and opportunities to build evidence with each patient seen
20 min	<b>Q&amp;A</b>
16.05 – 5 min	<b>Holger Cramer (Germany)</b> - Presentation of ICIMH / ISCMR conference in Cleveland in April 9-13 2024
16.10 – 16.30	<b>COFFEE BREAK</b>
<b>Aula Magna</b>	
16.30 – 18.40	<b>Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE</b> <i>Chair: Ghelman R.</i> <i>Co-Chair: Macrì F.</i>

10 min	<b>Kim Sungchol (Switzerland)</b> - Perspective from WHO Traditional, Complementary and Integrative Medicine Unit
10 min (Recorded Video)	<b>Kathi Kemper-</b> Pearls from a Pioneer <b>10 min (Recorded Video)</b>
10 min	<b>Darong Wu (China)</b> - Historical development and application of traditional/complementary medicine in children's health care: a prospective from China
10 min	<b>Catharina Amarell (Germany)</b> - Historical background of Integrative Pediatrics in Europe
10 min	<b>Hilary McClafferty (USA)</b> - Pediatric Integrative Medicine in Residency (PIMR) Program
10 min	<b>Ann Ming (USA)</b> - Training the Next Generation of Integrative Pediatricians: A Novel Pediatric Integrative Medicine Clinical Fellowship
10 min	<b>Alfred Längle (Germany)</b> - Complementary Medicine in pediatric oncology - Trainings needs of pediatric oncologists - Development and evaluation of a blended learning training
10 min	<b>Erica Sibinga (USA)</b> - Investigating the experience of an audio-based mindfulness vs. control program for mothers with infants in the neonatal intensive care unit at Johns Hopkins School of Medicine
10 min (Recorded Video)	<b>Tanuja Nesari (India)</b> - Research with Ayurveda in Pediatrics at All India Institute of Ayurveda, Ministry AYUSH (Recorded Video)
10 min	<b>Georg Seifert (Germany)</b> - A Quest for Healthy Childhood in German-speaking Countries: challenges, and research contributions of integrative medicine and future trends
10 min	<b>Q&amp;A</b>

FRIDAY September 22 | 2023

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

FRIDAY September 22 | 2023

ROOM 1	
16.30 – 18.30	<p><b>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</b></p> <p><i>Chair: in progress</i></p> <p><i>Co-Chair: Lauche R.</i></p>
15 min	<p><b>Brami Cloe (France)</b> - How to reduce empathic distress and increase emotional skills in medical training? Experience of a Mindfulness-Based stress reduction class vs. control group in France</p>
15 min	<p><b>Steinmetz Melanie (Germany)</b> - Development of a Burnout and Stress Prevention Intervention with Mind-Body Medicine for Healthcare Professionals Using Critical Synthesis of Multi-Method Research – Results of the Needs Assessment</p>
15 min	<p><b>Harnett Joanna (Australia)</b> - Defining and supporting a professional role for pharmacists associated with traditional and complementary medicines – a cross-country study</p>
15 min	<p><b>Busch Martine (Netherlands)</b> - Developing the Integrative Nursing Education Series Handbook for Teachers</p>
<p><b>Miscellaneous</b></p>	
15 min	<p><b>Kokornaczyk Maria Olga (Switzerland)</b> - Multi-cancer detection based on pattern formation in drying body fluids: a systematic review and meta-analysis of diagnostic test accuracy studies</p>
15 min	<p><b>Staab Carina (USA)</b> - Updating clinical prediction models for nonrecovery in older adults with back pain using only patient-reported outcomes</p>
15 min	<p><b>Sabater Ana (Spain)</b> - Practical applications of pharmacogenetics in anticoagulant treatment</p>

15 min	<p><b>Sameer Kassem (Israel)</b> - Integrative Medicine in Treating Uncontrolled Diabetes in North Israel. A Proposal for Culture-Tailored Approach</p>
ROOM 2	
16.30 – 17.30	<p><b>CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION</b></p> <p><b>“Herbal medicine and homeopathy”</b></p> <p><i>Chair: Grant S.</i></p> <p><i>Co-Chair: Hoenders R.</i></p>
15 min	<p><b>Blakeslee Sarah (Germany)</b> - Collecting scientific data or herding cats? Lessons from integrative medicine interventions especially with children in real-world settings</p>
15 min	<p><b>Shen Chen (China)</b> - Clinicians’ and pharmacists’ perceptions, attitudes, and clinical practices regarding herb-drug interactions: a cross-sectional survey</p>
15 min	<p><b>Maunder Alison (Australia)</b> - The role of naturopathy for women with diminished ovarian reserve: surveys, a Delphi study and a feasibility randomised controlled trial</p>
15 min	<p><b>Marino Francesco (Italy)</b> - A comprehensive database of scientific evidence: a vital need for the homeopathic Community</p>
ROOM 3	
16.30	<p><b>WORKSHOP</b></p>
105 min	<p><b>An Experiential Workshop on Transpersonal Integrative Medicine for Adults and Children: Supporting the Human Spirit Allows the Body to Optimally Accept Contemporary Medicine</b></p> <p><i>David Steinhorn, Jana Din, Al Striplen (USA) - Chagala Ngesa (Africa)</i></p>

FRIDAY September 22 | 2023

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

## ROOM 5

16.30 – 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

*Chair: Stock-Schröer B.*

*Co-Chair: Gowan D.*

15 min **Ho Leonard (UK)** - Quantification of prevalence, clinical characteristics, co-existence, and geographic variations of traditional Chinese medicine diagnostic patterns via latent tree analysis

15 min **Ortiz Miriam (Germany)** - Clinical Effects of Kneipp Hydrotherapy - a Systematic Review of Randomized Controlled Trials

15 min **Linr Run Lin (China)** - Methodological Issues of Zelen's Design and its Applications in TCM Clinical Trials

15 min **Liang Changhao (China)** - How well did the consensus methods apply in the guideline development of traditional Chinese medicine: A Web-Based Survey in China

### Miscellaneous

15 min **Tesser Charles (Brazil)** - Scientific evidence for the use of auriculotherapy in primary health care

15 min **Siewert Julia (Germany)** - Hydrotherapy and acupressure in restless legs syndrome – a randomized, controlled, three-arm, explorative clinical trial

15 min **Price Cynthia (USA)** - Interoceptive Awareness Training for Chronic Pain Treatment: A Pilot Implementation Science Study in an Integrative Health Clinic

15 min **Ling Yutong (China)** - Effectiveness and safety of Moxing Shigan Decoction for community-acquired pneumonia: A systematic review and meta-analysis of randomized controlled trials

## ROOM 6

16.30 – 18.30 **BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE**

*Chair: Samstag Y.*

*Co-Chair: in progress*

15 min **Zidenberg Bat Zion (Israel)** - The effect of reflexology on anxiety and the use of epidural anesthesia during advanced stages of labour: a randomized control trial

15 min **Lee Ye-Seul (Korea)** - Machine learning model to predict short-term outcomes following acupuncture and manual therapy for lumbar disc herniation using electronic health records

15 min **Braunwalder Céline (Switzerland)** - Phytotherapy and Anthroposophic medicine as a treatment option for allergic rhinitis: A systematic review

15 min **Zhou Phoebe (Australia)** - Development of a synergistic combination for endothelial dysfunction in cardiovascular diseases

### Miscellaneous

15 min **Takayama Kento (Japan)** - The diet-induced differences in gut microbiota determines the responder / non-responder of Daiokanzoto (Da-Huang-Gan-Cao-Tang)

15 min **Zhang Wei (China)** - Gengniansh ou Decoction Increases Estrogen Level without Side Effects on Reproductive Tissues in Ovariectomized Rats

15 min **Piqué-Borràs Maria-Riera (Switzerland)** - Investigating the Potential Anti-Inflammatory Effects of an Herbal Mixture Preparation on Inflammatory Bowel Disease

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

FRIDAY September 22 | 2023

FRIDAY September 22 | 2023

**ROOM 7**

16.30 **WORKSHOP**

105 min **Stakeholder Input into the new WHO Global Strategy for Traditional, Complementary and Integrative Medicine**

*The workshop is organized by the "People's Declaration on Traditional, Complementary and Integrative Healthcare" (TCIH Declaration), a coalition of over 300 professional and patient organizations, research and education centers*

*Kim Sungchol, Head of the Traditional, Complementary and Integrative Medicine Unit at the WHO*

*Tido von Schoen-Angerer, Mimi Guarneri Jianping Liu, Susan Wieland, Dennis Chang, Myeong Soo Lee, Heather Boon, Natalia Sofia Aldana Martinez, Thomas Breitzkreuz, Nadine Ijaz*

**ROOM 9**

16.30 – 18.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE**

**"Cannabis in Cancer"**

*Chair: Rostock M.*

*Co-Chair: Episodio M.*

15 min **Lee T. Richard (USA)** - Patients and Clinicians Perspectives about Cannabis Use While Receiving Cancer Treatment at a Comprehensive Cancer Center (CCC)

15 min **Schloss Janet (Australia)** - Increased Survival Rate in High Grade Glioma patients with Medicinal Cannabis

15 min **Fagherazzi Simone (Italy)** - High dosage supplementation with pharma grade CBD in ovarian cancer patients, a study proposal

15 min **Harnett Joanna (Australia)** - Cannabis-drug interactions: what do Australian pharmacists and health care professionals need to know?

**Integrative Oncology Treatments**

15 min **Bonucci Massimo (Italy)** - Integrative therapy in triple-negative breast cancers: observational study in 48 patients

15 min **Vollbracht Claudia (Germany)** - Systematic review: Evidence for high-dose intravenous vitamin C in oncology

15 min **Schloss Janet (Australia)** - Naturopathic herbal management of lung, colorectal and skin cancer: International practitioner survey

15 min **Schloss Janet (Australia)** - Traditional and Contemporary Herbal Medicines in Management of Cancer: A Scoping Review

**ROOM 10**

16.30 – 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

*Chair: Ijaz N.*

*Co-Chair: Guido C.*

15 min **Ghelman Ricardo (Brazil)** - Evidence Map - Clinical Effectiveness of Anthroposophic Medicine

15 min **Lin Tong (China)** - Application of Response Adaptive Randomization and Simulations in Clinical Trials of Traditional Chinese Medicine

15 min **Frost Rachael (UK)** - Over-the-counter medicines, herbal medicines and dietary supplements for depression, anxiety and insomnia: A scoping review

# CONFERENCE PROGRAM

FRIDAY September 22, 2023

15 min **Dolakova Klara (CZ Republic)** - Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics

## Miscellaneous

15 min **Timm Eliane (Switzerland)** - Evaluation of the Integrative Medicine in Intensive Care program - External Applications as a Complementary Medicine Supplement for Intensive Care Patients

15 min **Kröger Birgit (Germany)** - Development and evaluation of a training program for interprofessional counseling on complementary and integrative health care for an as part of the CCC integrative study

15 min **Park A-La (UK)** - Cost-Effectiveness of Chuna Manual Therapy and Usual Care, Compared with Usual Care Only for People with Neck Pain following Traffic Accidents: A Multicenter Randomized Controlled Trial

15 min **Srinivasan Roshini (USA)** - Becoming WHOLE: A Whole Health Operation for Learning and Empowerment for Caregivers across the University Hospitals Health System

## ROOM 11

### 16.30 – 18.15 INTEGRATIVE ONCOLOGY AND CANCER CARE

#### “Integrative Medicine in Cancer Patients”

*Chair: Andreazzoli F.*

*Co-Chair:*

15 min **Bosinelli Francesca (Italy)** - Patients refusing anticancer treatments and Complementary and Integrative Medicine

15 min **Hök Nordberg Johanna (Sweden)** - Exploring the Challenges of Communicating about Complementary and Alternative Medicine When Cancer Patients Decline Conventional Treatment: A Qualitative Study of Patients

15 min **Jong Miek (Norway)** - A mixed method randomized controlled pilot study assessing the feasibility, safety, and impact of a wilderness experience for adolescent and young adult cancer survivors: the WAYA study

15 min **Büssing Arndt (Germany)** - Spiritual Care as part of Integrative Medicine approaches requires documentation of patients' existential and spiritual needs: Implementation of the Spiritual Needs Screener in Palliative Care Counseling

## Mushrooms treatments

20 min **Santosshi Narayan (USA)** - Clinical Mushrooms

15 min **Grant Suzanne (Australia)** - Medicinal Mushrooms and Cancer: Scoping Reviews

15 min **Gascón Pere (Spain)** - Nanoemulsified fungal actives emerge as natural immunoadjuvants for cancer prevention and treatment in ongoing clinical trials



# CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

## GARDEN – Angelicum Congress Center

07.00 – 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

## Angelicum Congress Center

08.00 – 08.30 Registration and reception

## Aula Magna

08.30 – 09.30 **Plenary 5: Arts and Medicine**

*Chair: S. Willich / B. Brinkhaus*

15 min **Claire Oppert** - Music in palliative care

15 min **Iva Fattorini** - Contemporary arts and medicine

15 min **Stefan Willich (Germany) – in progress**

15 min **Discussion Q&A**

## Aula Magna

09.45 – 11.15 **Plenary 6: Nutrition in relationship to Human and Planetary Health**

*Chair: Sian Cotton / Elio Rossi*

25 min **Alessio Fasano (USA) – in progress**

25 min **David Eisenberg (USA) – in progress**

25 min **Gustav Dobos (Germany) - Healthy and sustainable diet for people and planet**

20 min **Discussion Q&A**

11.15 – 11.45 **COFFEE BREAK**

## Aula Minor

11.50 – 13.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE “Integrative Oncology: present and future”**

*Chair: Hammarberg Ferri I.*

*Co-Chair: Raffaele M.*

20 min **Breitkreuz Thomas (Germany)** – The KIM experience: a model for implementation of Integrative Oncology-services in hospitals and cancer centres

20 min **Bao Ting (USA) – in progress**

**Toledano Alain (France)** - The French Society of Integrative Oncology (SFOI): an Integrative Oncology à la française

**Grant Suzanne (Australia)** - Integrative Oncology Research Program at an Australian Cancer Hospital

**Juma Al Lawati Taha Mohsin (Oman)** - Cancer Burden in Oman and Gulf Region

**Ben-Arye Eran (Israel)** – Considering European Society for Integrative Oncology (ESIO) with the SIO: working together for a better future

## ROOM 1

11.50 -13.05 **PEDIATRIC DISEASES**

**“Miscellaneous”**

*Chair: in progress*

*Co-Chair: in progress*

15 min **Pasqualucci Paula (Brazil)** - An Unit of Integrative Pediatrics in Brazil: Present and Future

15 min **Galli Matteo (Italy)** - Osteopathic manipulative treatment (OMT) in children operated on for congenital pulmonary malformations (CPM) A case series

# CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min	<b>Blakeslee Sarah (Germany)</b> - Watering sprouts. Barriers, hurdles and opportunities to implementing a health and lifestyle concept with preschool children – qualitative observations and lessons learned
15 min	<b>Stub Trine (Norway)</b> - A qualitative study among healthcare providers on risks associated with the use of supportive care for cancer treatment-related symptoms in children and adolescents
15 min	<b>Bottaccioli Giulia (Italy)</b> - Empathy at school project (ESP). Effects of didactics of emotions® on psycho-biological variabilities among primary school children: results of a controlled longitudinal study and implications for further research perspectives
15 min	<b>Martínez García Esther (Spain)</b> - Pioneering integrative pediatric oncology unit in Spain: advancing care models and clinical objectives

## ROOM 2

11.50 – 13.30	<b>INTEGRATIVE ONCOLOGY AND CANCER CARE</b> <b>“Integrative Processes and treatments”</b> <i>Chair: in progress</i> <i>Co-Chair: Stylianou C.</i>
15 min	<b>Belvedere Katia (Italy)</b> - Integrating conventional and complementary treatments in cancer care: the process within the public healthcare system of the region of Tuscany, Italy
15 min	<b>Fiorentini Giammaria (Italy)</b> - Integrative hyperthermia versus chemotherapy in patients with locally advanced pancreatic cancer: a multicenter retrospective observational comparative study on 217 patients
15 min	<b>Barth Jürgen (Switzerland)</b> - Effectiveness of a mindfulness and relaxation app on distress in people with cancer (CanRelax)

## Diet and cancer

15 min	<b>Koppold Daniela (Germany)</b> - Effects of Fasting During Chemotherapy in Breast Cancer Patients
15 min	<b>Ee Carolyn (Australia)</b> - The role of integrative oncology in managing weight gain after breast cancer
15 min	<b>Anelli Lorenzo (Italy)</b> - Don't eat what you want! 10 reasons why it is necessary to give the utmost importance to nutrition in colorectal cancer

## ROOM 3

11.50 – 12.50	<b>COVID 19 AND OTHER (POST) INFECTION DISEAS</b> <b>“Complementary Integrative Medicine in post-COVID 19 symptoms”</b> <i>Chair: Baars E.</i> <i>Co-Chair: Kröz M.</i>
15 min	<b>Lu Chunli (China)</b> - Chinese herbal medicine Shufeng Jiedu capsule for patients with mild to moderate coronavirus disease 2019 (COVID-19): a two-center, randomized, double-blind, placebo-controlled trial
15 min	<b>Bai Chen (China)</b> - Combining metabolomics and 16s rDNA sequencing to reveal the mechanism of Moxing Shigan Decoction in treating pneumonia
15 min	<b>Rong Hongguo (China)</b> - A scoping review of Chinese medicine for monkeypox: suggestions from other contagious viral pox-like diseases
15 min	<b>Büssing Arndt (Germany)</b> - Wondering awe and gratitude buffers yoga practitioners' psychological wellbeing during the COVID-19 pandemic – Findings from three consecutive cross-sectional surveys

# CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

SATURDAY September 23 | 2023

SATURDAY September 23 | 2023

## ROOM 6

11.50 – 12.50	<b>HOLISTIC INTEGRATIVE TREATMENTS</b> <i>Chair: Haller H.</i> <i>Co-Chair: Harnett J.</i>
15 min	<b>Peçanha Doris Lieth (Brazil)</b> - Students´ quality of life: assessment intervention with yoga
15 min	<b>Van den Bosch Maurice (Netherlands)</b> - A.R.I.S.E. Standing Yoga for improved self-care and resilience of healthcare professionals
15 min	<b>Romano Fausta and Siniscalco Anna (Italy)</b> - An Integrated Tai chi Chuan-Psychoanalysis Training Model. A Pilot Experience
15 min	<b>Scapecchi Massimiliano (Italy)</b> - Facial Reflexology as a mindfulness technique in oncology
15 min	<b>Fan Ming Yue (China)</b> - A critical appraisal of clinical practice guidelines on massage using the AGREE II instrument
15 min	<b>Nesi Jacson (Brazil)</b> - Osteopathy and Medical Rationalities

## ROOM 7

11.50 – 13.30	<b>“Towards the foundation of the European Network of Integrative Oncology”</b> <b>EUROCAM, ARTOI, CRMI Tuscany e KIM Baden - Wurttemberg</b>  <b>Baldini Elisa (Belgium/Germany)</b> - EUROCAM <b>Bonucci Massimo (Italy)</b> - ARTOI Foundation <b>Rossi Elio Giovanni (Italy)</b> - Regional Center for Integrative medicine Tuscany Region <b>Breitkreuz Thomas (Germany)</b> - Competence Network on Integrative medicine in Baden-Württemberg
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## ROOM 8

11.50 – 12.50	<b>INTEGRATIVE PEDIATRIC ONCOLOGY</b> <i>Chai: Bonucci M.</i> <i>Co-Chair: Yamamura M.</i>
15 min	<b>Nirupa J. Raghunathan (USA)</b> - Integrative Pediatric Oncology at Memorial Sloan Kettering Hospital
15 min	<b>Georg Seifert (Germany)</b> - Integrative Pediatric Oncology at Charité Universitätsmedizin Berlin, Department of Pediatrics, Division of Oncology and Hematology
15 min	<b>Chen Yun (China)</b> - Integrative Oncology for Childrens at Shandong University
15 min	<b>Paula Lage Pasqualucci (Brazil)</b> - Integrative Pediatric Unit in the São Paulo University Hospital of Pediatric Oncology ITACI
15 min	<b>Raviv Peleg (Israel)</b> - Pediatric integrative oncology program in Schneider Children’s Medical Center
15 min	<b>David Steinhorn (USA)</b> - Supporting the Human Spirit through Transpersonal Integrative Medicine at Capital Caring Health
10 min	<b>Q &amp; A</b>

## ROOM 9

In progress	<b>ROUND TABLE BREAKFAST WITH STUDENTS</b>
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## ROOM 10

In progress	<b>ROUND TABLE BREAKFAST WITH NURSES</b>
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# CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

## ROOM 11

11.50 – 13.05

### CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

*Chair: Hummelsberger J.*

*Co-Chair: Desiderio F.*

15 min

**Yang Guoyan (Australia)** - Effects and mechanisms of Tai Chi on mild cognitive impairment and early-stage dementia: A scoping review

15 min

**Hoenders Rogier (Netherlands)** - An outpatient clinic for integrative mental health: patient characteristics and health outcomes based on patient reported routine outcome monitoring data

15 min

**Leis Anne (Canada)** - Effectiveness of Integrative Medical Care For Adult Depression: A Quasi-Experimental Study

15 min

**Simões-Wüst Ana Paula (Switzerland)** - Bryophyllum pinnatum and improvement of nocturia and sleep quality in women: a multi-centre, non-randomised prospective trial

15 min

**Landgraaf Raymond (Switzerland)** - Acupuncture and low-carb diet: an innovative and non-invasive treatment for obesity

13.30

### CLOSING CONGRESS



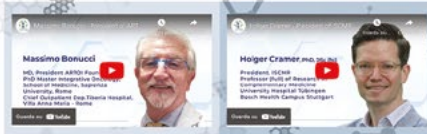
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IN ROME, ITALY, SEPTEMBER 20th to 23th 2023